



The Syd Boothroyd NER Diving Grand Prix 2017

Leg 1- Leeds Saturday 21st January 2017

Leg 2 Sheffield Saturday 11th March 2017

Skills Harrogate Sunday 7th May 2017

(Incorporating The Yorkshire Championships and The NND Championships)

Leg 1 Leeds 21st January

Womens Open Platform

Men Open 1m

Group D/E 3m

Group A Platform

Mens Open Platform

Women Open 1m

Group A 1m

Group C 3m

Group B Platform

Leg 2 Sheffield 11th March

Womens Open 3m

Mens Open 3m

Group C Platform

Group B 1m

Group D/E Platform

Group D/E 1m

Group B 3m

Group A 3m

Group C 1m

Open 3m Synchro

The events will be run under ASA Laws and the FINA Technical Rules of Diving. Events and Age Groups over the 3 legs (Age as at 31st December 2016) will be as follows:

Skills:

Group E 8/9 yrs

Group C 12/13yrs

Group D 10/11yrs

Group B+ 14/16yrs

Age Groups:

Springboard 1mtr / 3mtr:

Group D & E – 11 yrs and under Group C – 12/13 yrs

Group B – 14/15 yrs Group A – 16/17/18 yrs

Platform Events:

Group E2/D – 10/11 yrs Group C – 12/13 yrs

Group B – 14/15 yrs Group A – 16/17/18 yrs

Open:

1mtr Springboard

Platform Synchro

3mtr Springboard

3mtr Springboard Synchro

Platform

NER Diving Grand Prix Rules

1. Medals will be awarded to the top 3 competitors in each category.
2. The top club will be awarded by accumulating the highest points, across all categories, during the Grand Prix. The points will be awarded in each event as follows:

1 st 10	2 nd 7	3 rd 5	4 th 3	5 th 2	6 th 1
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3. NER Trophies will be given to the respective champions each year
4. YASA/N&DASA Trophies will be given to the respective champions each year
5. Dive Recorder will be used for all sessions in the Grand Prix and submission of dive sheets will follow normal Dive Recorder protocol.
6. For the Skills events there will be 9 Judges (3 panels of 3 Judges). For synchronised events there will be 9 judges (4 Individual and 5 Synchronised). For all other events there shall be one panel of 5 judges.
7. Divers may compete in only one category during the Grand Prix.

Please consider the following eligibility clauses carefully when selecting events for your divers.

Eligibility Conditions

1. A diver may compete at Skills finals and ASA Age Groups in the same year if they have been a registered competitor for less than 2 years. If they have been registered for longer than that they need to decide whether to compete at Skills finals or ASA Age Groups.
2. Once a diver has competed at ASA National Age Group level they are excluded from competing at future Skills finals, except with written approval from the ASA Diving Committee when moving into the B+ age group.
3. If a diver has competed at Elite Junior Championships they are not eligible to compete at future ASA National Age Groups, except with written approval from the ASA Diving Committee and only when moving up an age group.
4. If a diver has competed at any GB Senior Championships they are not eligible to compete at future ASA National Age Groups.
5. Zone squad divers are NOT eligible to compete at Skills events.
6. Divers to qualify in last year's event, or at a 'designated' skills event (one North, one South – currently White Rose or Peter Waterfield competitions) or at Regional skills. Divers must achieve the qualifying standard to be eligible to compete.

Failure to comply with these conditions will result in disqualification.

QUALIFICATION SCORES

- **SCORES** – Scores are set by a National Technical Panel and reviewed annually. All scores continue to be recommended scores for 2016, however it is recommended that all coaches encourage their divers to achieve their required score at one or more of the events below.
 - » Regional event
 - » Last year's National event (as long as they remain in the same age group)
 - » Club grand prix event (as long as they are doing the same test)

STANDARDS - *Coaches fielding divers considered by British Diving Managers to be competing at the wrong level, will be approached by one of British Diving's Managers and given advice on competition selection.*

DEFINITIONS

Competing/competed – divers are considered to be competing or competed at a certain level if they entered the contest - even if they did not dive due to injury or illness.

For example, if a diver was entered for Senior Nationals but did not dive due to injury, they cannot then compete at the National Age Groups.

Or

If a diver was entered for the National Age Groups but did not dive due to illness, they cannot then compete at the National Skills Finals.

Entry Fees

The entry fees are **£10.50** per diver, per event and **£20.00** per synchro event (**£10.00** per person). The entry fees must be paid at the time of entry. Please make cheques payable to North East Region.

A LATE ENTRY FEE OF £5-00 PER DIVER WILL BE CHARGED

Event Conditions

Open

Mens 1 metre Springboard

6 dives selected from 5 different groups without difficulty limit No dive to be repeated.

Womens 1 metre Springboard

5 dives selected from 5 different groups without difficulty limit No dive to be repeated.

Mens 3 metre Springboard

6 dives selected from 5 different groups without difficulty limit No dive to be repeated.

Womens 3 metre Springboard

5 dives selected from 5 different groups without difficulty limit. No dive to be repeated.

Mens Highboard (5, 7.5, 10 metre)

6 dives selected from 5 different groups without difficulty limit. No dive to be repeated.

Womens Highboard (5, 7.5, 10 metre)

5 dives selected from 5 different groups without difficulty limit. No dive to be repeated.

Mens 3metre and Platform Synchro

6 dives 2 x dives maximum dd 2.0 plus 4 optional dives.

4 groups to be covered. All dives must have same dive no (no alternate) At least 1 forward facing skill must be performed with a hurdle step. No more than 2 dives from the same group.

Womens 3metre and Platform Synchro

5 dives 2 x dives maximum dd 2.0 plus 3 optional dives. 4 groups to be covered. All dives must have same dive number (no alternate). At least one forward facing skill must be performed with a hurdle step. No more than 2 dives from the same group.

Age Groups

Category	Board Height	Event Conditions	Recommended Standard
Age Group D 9/10/11 yrs	1m	3 dives from 3 groups (5.4 dd) + 2 dives from 2 groups (4.4 dd)	130
	3m	3 dives from 3 groups (5.7 dd) + 2 dives from 2 groups (4.6dd)	135
	5m	3 dives from 3 groups (5.4 dd) + 2 dives from 2 groups (4.8 dd)	130
Age Group C 12/13yrs	1m	3 dives from 3 groups (5.4 dd) + 3 dives from 3 groups (6.9 dd) (4 groups to be covered)	160
	3m	3 dives from 3 groups (5.7 dd) + 3 dives from 3 groups (7.9 dd) (4 groups to be covered)	165
	5m/7.5m	3 dives from 3 groups (5.4 dd) + 3 dives from 3 groups (7.8 dd) (4 groups to be covered)	160
Age Group B 14/15 yrs	1m	4 dives from 4 groups (7.5 dd) + 3 dives from 3 groups no limit	180 girls, 190 boys
	3m	4 dives from 4 groups (7.9 dd) + 3 dives from 3 groups no limit	190 girls, 200 boys
	5m/7.5m/10m	3 dives from 3 groups (5.7) + 3 dives from 3 groups no limit	165 girls, 180 boys
Age Group A 16/18 yrs	1m	5 dives from 5 groups (9.0) + 3 dives from 3 groups no limit	
	3m	5 dives from 5 groups (9.5 dd) + 3 dives from 3 groups no limit	220 girls, 245 boys
	5m/7.5m/10m	4 dives from 4 groups (7.6 dd) + 3 dives from 3 groups no limit	190 girls, 215 boys

ASA National Age Group Competitions - Competition format/regulations ***(see also General Conditions)***

1. Dives with limit shall not be repeated as dives without limit.
2. All dives of the same number shall be deemed to be the same dive.
3. No dive of the same number shall be repeated in any round.
4. Only dives in the FINA diving tables or pursuant with the FINA formula may be executed.
5. Each competitor is entirely responsible for the accuracy of the statements in their list.
6. Minimum age for competitors on springboard is 9.
7. Minimum age for competitors on platform is 9.
8. Age Group categories and limits refer to the age the diver is on 31st December that year.
9. All events are competed as a straight final.

The winner is the diver with the highest score after all dives have been performed.

10. Medals shall be awarded in all ASA Diving Championships and Competitions, to the first three placed divers in each competition and where different, to the first three placed English divers (see General Conditions for definition of English).

SKILLS

Category	Board Height	Event Conditions		Recommended Standard
Age Groups E, D & C	Section 1. <i>Poolside</i>	Plain header (3 bubble rip) - 101A Arm swing back jump tucked - 200C Forward dive with tuck - 101C Arm swing forward jump pike - 100B	1.0 1.0 1.0 1.0	Group E 240
	Section 2. <i>1m</i> Group E / D only	Forward Jump straight - 100A Arm swing back jump straight - 200A 1 dive from list A (Forward/Inward) 1 dive from list B (Back/Reverse)	1.0 1.0 dd to count dd to count	
	Section 3. <i>3m</i>	Forward Fall straight - 10A Sitting forward tuck roll with pike out -10C Standing back fall straight - 20A Crouched back tuck roll - 20C	1.2 1.2 1.4 1.3	Group C 270

Section 2 Skill 1 – Forward Jump Straight – 100A is to be performed using a 2 bounce start for Age Groups E and D and using a hurdle step for Age Group C

Dive List A - 101c*, 101b*, 103c*, 103b*, 401c, 401b

List B - Back fall straight - 20A (1.0), 201c, 201b, 301c*, 301b*

- Divers in Age Groups E, D and C to perform back and inward dives with a T-start arm swing
- Divers in Age Groups E and D to perform forward and reverse dives from either a T-start arm swing OR a 2 bounce start
- Divers in Age Group C to perform forward and reverse dives from a T-Start arm swing, a 2 bounce start OR a hurdle step

	Board Height	Event Conditions		Recommended Standard
Age Group B+	Section 1. <i>1m</i>	1- 3, 3 skills from list C 4-6, 3 skills from list D (at least 2 groups must be covered from each list)	dd to count to count	Group B 250
	Section 2. <i>3m</i>	7-10, 4 skills from list E (at least 2 groups must be covered)	to count	

List C (1m)

101c, 101b, 103c, 103b, 401c, 401b, 402c, 403c – repeats permitted (1.0) *

List D (1m)

201c, 201b, 301c, 301b, 5221d, 5122d, 202c, 203c – repeats permitted (1.0) *

List E (3m)

101c, 101b, 103c, 103b, 401c, 401b, 403c 201c, 201b, 301c, 301b – repeats permitted (1.0) *

*** Dives of the same number are considered to be a repeat, even if they are in a different shape**

- These events run in a “circuit” format, with groups of competitors, simultaneously competing on 1m, 3m and poolside, enabling 12 skills to be competed in the same amount of time as 4 skills.
- The winner is the diver with the highest combined points total from ALL stations added together.

ASA GENERAL DIVING CHAMPIONSHIP CONDITIONS

General Conditions

1. ASA Championships and Competitions shall be competed for under the Laws, Rules, Regulations and Championship Conditions of the Association.
2. The promoter of the ASA events is the ASA Technical Diving Committee.

Registration/Membership

3. Entrants must be registered (1) as competitors of the Amateur Swimming Association (ASA), Scottish ASA (SASA) or Welsh ASA (WASA) or (2) as competitors from any country affiliated to FINA, 60 calendar days prior to the commencement of the National Event ("The Meet") for which the diver is entering. The exact date to be published in the pre-event information.
4. Competitors must compete for the club/federation with which they are registered at the time they submit their entry form.

Deadlines & Late Entry Fee Fines

5. The closing date for entry fees and forms shall be 4 weeks prior to the commencement of The Meet (the exact date to be published in the pre-event information).
6. Only an official entry form, with the correct ASA registration number, signed by the performer (or their parent where they are under 18), will be acceptable. Until the correct fee and a signed entry form are received, the competitor is not officially entered and a late entry fine will be applied if the appropriate forms/fees are not received by the deadline.
7. If a diver has submitted an official entry by the deadline but then decides they want to compete in an additional event, the additional entry is treated as a late entry.
8. All entry fees and late fees are non-refundable.
9. The late entry fee fine will only be applied once per Meet, per diver.
10. Divers may submit a late entry up to 15 minutes prior to the published start time of the Technical Meeting of The Meet. In order to be valid, this late entry must be accompanied by a signed entry form (as described in item 8), the correct entry fee and the late fee. Fees and Forms must be submitted to an official member of the Events Management Team (to be named in the pre-event information).
11. No entries, or dive sheets will be accepted after 15 minutes prior to the published start time of the Technical Meeting. See item 19 for Technical Meeting clarification.
12. Failure to submit appropriately signed entry forms and fees (including late fee) 15 minutes prior to the published start time of the Technical Meeting, will render the diver ineligible to compete in the event.

Dive Sheets

13. Electronic dive sheets must be submitted 24 hours prior to the published start time of the technical meeting. If submitted electronically, all sheets must be signed no later than 1 hour prior to start of the session in which that (preliminary or straight final) event appears.
14. Failure to sign the dive sheet may vitiate any protest the diver may make concerning the submitted dive list.
15. Manual dive sheets for ALL events must be submitted no later than 15 minutes prior to the published start time of the Technical Meeting. Dive sheets must be submitted to an official member of the Events Management Team (to be named on the pre-event information).
16. Failure to submit a dive sheet 15 minutes prior to the published start time of the technical meeting, will render the diver ineligible to compete in the event for which they have not submitted a dive sheet. This does not affect the divers' right to change a submitted dive sheet.
17. A provisional time/venue for the Technical Meeting will be published in the pre-event information. If this changes, the finalised time/venue of the Technical Meeting will be confirmed with notices posted on the poolside, before 1pm on the day of the Technical Meeting. If no notices are posted, there is no change to the time/venue of the Meeting. Any changes will also be posted on the website.
18. Dive sheets can be changed up to 1 hour prior to the start of the Session in which that event is scheduled. After this time, no dive sheet changes are permitted.
19. Moving into subsequent rounds (semi/final etc), dive sheets are automatically generated to replicate the original dive sheet. These dive sheets must be signed immediately after the results have been announced from the previous round. Qualifiers must go directly to the recorders following the announcement of the results. Note – dive sheets for an additional 2 reserve divers will be generated which also need to be signed, in case of the withdrawal of a qualified diver.
20. The deadline for signing a dive sheet for a subsequent round is 30 minutes AFTER the finish of the previous round or 5 minutes before the start of the next round, whichever is earlier. Failure to sign the dive sheet will render the diver ineligible to protest should there be a problem with the dive sheet.
21. These automatically generated dive sheets can be changed in between rounds (prior to semi-final or final), up to 30 minutes AFTER the finish of the previous round or 5 minutes before the start of the next round, whichever is earlier. After this time, no dive sheet changes are permitted.

Synchronised Entries

22. Rules 3-23 also apply to synchronised event entries (except where a diver is REPLACING * one of the synchronised divers who is already entered, due to injury or withdrawal for another reason). * The replacement diver must be entered as an official competitor in The Meet already. The request to replace one member of the pairing, must take place no later than the deadline for dive sheet changes for that competition. Requests to replace a diver after this deadline will be declined. Only one replacement per pairing permitted.

23. It is possible for a replacement diver to be used, who is not already an official competitor in The Meet, however they must comply with all conditions from 3-23 and must therefore be entered as an official competitor, no later than 15 minutes before the technical meeting.
24. If both members of a pairing are replaced, this is considered a new entry and is therefore subject to 3-23 above.

Miscellaneous

25. For insurance purposes, only competitors entered in the competition, or those expressly invited by the organiser/promoter of the event, can train at the venue, during the published times/days of the competition.
26. It is the responsibility of the athlete, coach or parent/guardian to obtain event information from the ASA website or to request information be sent by mail (by contacting the ASA Events Office). The ASA will not undertake to inform all registered divers and coaches of forthcoming events & conditions.
27. Information for all events will be available on the website at the beginning of each year. Website address is www.britishswimming.org, click on disciplines, select diving and select calendar and competition information.
28. It is recommended that entry forms and fees are sent by recorded delivery, or that proof of posting is obtained to use in the event of a dispute.
29. A typing/publishing error in the above rules within the pre-event information or programme is not grounds for an appeal. These Official Diving Conditions will be published on the website. In the event of a query or dispute, the content of the Official Diving Conditions as published on the website, will take precedence. Where a dispute or query is not covered within these conditions, FINA rules will apply.
30. If any of the above rules are not clear, you must ring the ASA Events Office for clarification.

Competition procedure

31. The FINA international technical rules of diving shall be used in all ASA Diving championships and Competitions wherever possible.
32. Only dives on the FINA degree of difficulty tables, or pursuant with the FINA formula shall be used in all ASA events, with the exception of those dives prohibited by these conditions, or included in these conditions.
33. All diving installations shall be in accordance with the present FINA regulations and approved by a representative of the ASA Diving Committee or ASA Events Office.
34. All boards shall be available, whenever possible, for use by entered competitors, not less than one week before the advertised date of the competitions.
35. The ASA Diving Committee, shall review annually, no later than the 1st November, the application and level of qualifying points, if any, for all Championships and Competitions.
36. Medals shall be awarded in all ASA Diving Championships and Competitions, to the first three placed divers in each competition and where different, to the first three placed English divers.

37. In synchronised pairing, where there is one non-English diver, the pairing is deemed to be non-English.
38. In ASA Championships, trophies shall be awarded to the best placed English diver.
39. In all Conditions for ASA Diving Competitions and Championships, the phrase English diver or English divers shall mean a diver who is a member of and who is representing a club affiliated to the ASA and who is eligible to represent England.
40. Age Group/categories refer to the age the diver will be on 31st December that year.
41. The format for each event can be found on the page which documents the specific event conditions for that event.
42. The winner in each event is the diver with the highest total points scored in the final competition (subject to the English/non-English conditions outlined above).
43. Dives with limit shall not be repeated as dives without limit.
44. All dives of the same number shall be deemed the same dive.
45. Single somersaults may not be performed in any Senior Championships, except those from Group 6.
46. Each competitor is entirely responsible for the accuracy of the statements in the list.
47. A protest may not be made against the decision of the referee or any other official regarding the facts of the competition. The referee's interpretation of ASA Law, promoter's conditions of FINA Rules and Regulations must be accepted at the time, but may be the subject of a protest.
48. Anything not covered by these conditions shall be decided by the ASA Technical Diving Committee

Leg 1- Leeds Saturday 21st January 2017
Leg 2 Sheffield Saturday 11th March 2017

Deadline for LEG 1 entries is Saturday 7 January 2017
Deadline for LEG 2 entries is Saturday 11th February

Leg 1 Leeds 21st January 2017

Womens Open Platform
Men Open 1m
Group D/E 3m
Group A Platform
Mens Open Platform
Women Open 1m
Group A 1m
Group C 3m
Group B Platform

Leg 2 Sheffield 11th March 2017

Womens Open 3m
Mens Open 3m
Group C Platform
Group B 1m
Group D/E Platform
Group D/E 1m
Group B 3m
Group A 3m
Group C 1m
Open 3m Synchro

Training

The pool will be available for training from 8 am

Programme

Exact timings will be determined once all the entries have been received and numbers are known.

Technical Meeting

A technical meeting will be held on poolside prior to the first event. All coaches and officials must attend. Please inform the event staff if you are unable to attend the meeting or you are not able to send a substitute.

Dive Sheets

Divers/Coaches are requested to submit dive sheets electronically, both for their own convenience and to minimize the chance of errors loading the data into the Recording program. Coaches may make bulk submission of dive sheets on behalf of their divers by using the program DiveSheets with which they will already be familiar. Alternatively, individual divers may submit their own dive sheets on-line. Please agree with your coach which method you should use.

To submit your dive sheets on-line there are two options:

- Either visit: www.diverecorder.co.uk/onlinesheets and follow the instructions, or
- if you have an Android phone or tablet, you can get the **ADiveSheets app** from this page on the DiveRecorder website:
www.diverecorder.co.uk/dive/android

As soon as you complete either on-line submission method you will see a success/failure message. If successful you will be sent an automatic email confirming receipt of your details and dives. If you experience problems and need assistance you should e mail annbarker@aol.com

Electronic submissions must be made by no later than midnight on the **Thursday night prior to the event.** You will be asked to sign hard copies of these sheets at the venue.

The deadline for signing of dive sheets is 8-30 am on the day of the event. The deadline for dive sheet changes is 1 hour prior to the start of the session.

If neither you nor your Coach are able to use the above electronic methods, you can submit hard copy of your lists of dives to the Recorders. Deadline for manual dive sheets is **Thursday prior to the event** by mail to Ann Barker.

Entries to be sent to

Ann Barker
24 Lyndale Road, Eldwick, Bingley, BD16 3HE
AnnBarker@aol.com

Other information
Gail Harrison
NER Diving Manager
Tel: 07801 980436
Email: gail@csdprint.co.uk

