



-Star 2017

March 17th – 19th

**Welcome to the City of Leeds Diving
Club's Annual G-Star diving
competition**



The Event:

The event will be run under ASA Law. Events will be in the following categories:

- 9 – 11yrs Group E2/D
- 12 – 13yrs Group C
- 14 – 15yrs Group B
- 16yrs + Group A/Senior

There are 3 possible events in each category 1m, 3m and a Platform Event. There will be 1 overall team trophy and the points will be awarded as follows:

1st	20 pts	2nd	17pts	3rd	14pts
4th	12pts	5th	10pts	6th	8pts
7th	6pts	8th	5pts	9th	4pts
10th	3pts	11th	2pts	12th	1pt

Only the top 2 divers in each event, from each club will count towards team points.

Awards:

- The Northern Cross Trophy (Top Club)
- Gavin Brown Memorial Trophy (Diver of the meet)
- Medals for Overall top 6 finishers
- Top Coach (This year voted for by the coaches)

Venue:

John Charles Centre for Sport
Leeds Aquatic Centre, Middleton Grove, Leeds, LS11 5DJ
Tel: 0113 3957363

Facilities:

- 4 x 1m Springboards
- 2 x 3m Springboards
- 1 x 1m Platform
- Dryland training area including tumble track, s/s blocks & two dry boards.
- 1 x 5m Platform
- 1 x 7.5m Platform
- 1 x 10m Platform
- 1 x 3m Platform



Meet Director: Adam Smallwood
Mobile: 07738290800
E-mail: adam.smallwood@leeds.gov.uk

Entry Forms: Please complete the full entry form and make sure we receive it by; **Saturday 5th February 2017**

Entries: City of Leeds Diving Club
Ann Barker,

24 Lyndale Road, Eldwick, Bingley, BD16 3HE
AnnBarker@aol.com
(All entries will be taken on a first in first served basis)

There will be a restricted entry per event of 30 divers. As soon as we hit this entry number that event will CLOSE! We will also be restricting each individual event to a maximum of 6 divers per club.

Entry Fees and Payments:

£12.00 per event
(UK clubs must pay by the closing date and foreign clubs must pay at the technical meeting)

If you wish to pay online:

HSBC Leeds city branch **Sort code – 40-27-15**
Account number – 74427653 **Ref – club name/G star**

Please make cheques payable to:
“The City of Leeds Diving Club”

Technical Meeting: **Thursday 16th March @8pm in the Dennison Suite**

Dive Sheets: Divers/Coaches are requested to submit dive sheets electronically, both for their own convenience and to minimize the chance of errors loading the data into the Recording program. Coaches may make bulk submission of dive sheets on behalf of their divers by using the program DiveSheets with which they will already be familiar. Alternatively, individual divers may submit their own dive sheets on-line. Please agree with your coach which method you should use.

To submit your dive sheets on-line there are two options:

- Either visit: www.diverecorder.co.uk/onlinesheets and follow the instructions, or
- if you have an Android phone or tablet, you can get the **ADiveSheets app** from this page on the DiveRecorder website: www.diverecorder.co.uk/dive/android

As soon as you complete either on-line submission method you will see a success/failure message. If successful you will be sent an automatic email confirming receipt of your details and dives.

You can check your submitted dive sheets a few days before the event online at www.diverecorder.co.uk/live. If you experience problems and need assistance please contact Ann Barker (AnnBarker@aol.com).

Electronic submissions must be made by no later than Midnight on Wednesday 15th March. You will be asked to sign hard copies of these sheets at the venue, available from the Recorders. If neither you nor your Coach are able to use the above electronic methods, you can submit a hard copy of your lists of dives to the Recorders.
The deadline for manual dive sheets is at the Technical Meeting.

Info Pack: All teams will receive an information pack on arrival. It will contain programmes, start orders, dive orders, dive sheets, pool safety rules and other general information regarding the weekend.

Training Times: Training will be available on Thursday 16th March. Please contact Adam Smallwood to arrange training. Available training slots on Thursday will be as follows: 9.00 – 11.00am, 2.30 – 4.00pm & 5.00 – 8.00pm

Diving Event Procedures

1. Some of the preliminary events will be run simultaneously.
2. In Age Groups D, C and B divers will perform all their dives in the preliminary event and there will be a cut to the top 6 for the final. In the final all divers will perform 3 dives without limit. All Dives in the final must be from a different group. All finals will start from Zero points – no carry over score!
3. In Age Group A+ divers will perform all their dives in the preliminary event and there will be a cut to the top 6 to the final. In the final all divers will perform 3 dives without limit, dive one from forward or inward, dive two from back or reverse and dive three from twist. In the platform event dive three will be from twist or armstand. All finals will start from Zero points – no carry over score!

Diving List Requirements

Age Group	Gender	Event	Dives with Limit	Maximum DD	Dives without Limit	Total
9/11yrs D	Girls & Boys	1m	3 from 3	5.4	3 from 3	6
9/11yrs D	Girls & Boys	3m	3 from 3	5.7	3 from 3	6
9/11yrs D	Girls & Boys	5m	2 from 2	3.6	3 from 3	5
12/13yrs C	Girls & Boys	1m	3 from 3	5.4	3 from 3	6
12/13yrs C	Girls & Boys	3m	3 from 3	5.7	3 from 3	6
12/13yrs C	Girls & Boys	Platform 5/7m	3 from 3	5.7	3 from 3	6
14/15yrs B	Girls & Boys	1m	3 from 3	5.6	3 from 3	6
14/15yrs B	Girls & Boys	3m	3 from 3	6.1	3 from 3	6
14/15yrs B	Girls & Boys	Platform 5/7/10m	3 from 3	6.1	3 from 3	6
16+yrs A+	Girls & Boys	1m	3 from 3	5.8	3 from 3	6
16+yrs A+	Girls & Boys	3m	3 from 3	6.1	3 from 3	6
16+yrs A+	Girls & Boys	Platform 5/7/10m	3 from 3	6.1	3 from 3	6

G-STAR Diving 2017

Provisional Programme

Friday 17th March

0700 - 0845

Restricted Training for Session 1 Divers

9.00am

Session 1

Event 1 Girls 9/11yrs 5m Prelim

Event 2 Girls 12/13yrs 1m Prelim

}Sim

Event 3 Boys 12/13yrs 3m Prelim

Event 4 Boys 9/11yrs 1m Prelim

}Sim

1230 – 1315

Restricted Training for Session 2 Divers

2.00pm

Session 2

Event 5 Girls 14/15yrs Platform Prelim

Event 6 Girls 16+yrs 3m Prelim

}Sim

Event 7 Boys 16+yrs 1m Prelim

Event 8 Boys 14/15yrs Platform Prelim

}Sim

1600 – 1645

Restricted Training for Session 3 Divers

5.00pm

Session 3

Finals:- Events 1 – 8

Saturday 18th March

0800 – 0845

Restricted Training for Session 4 Divers

9.00am

Session 4

Event 9 Boys 9/11yrs 5m Prelim

Event 10 Girls 12/13yrs 3m Prelim

}Sim

Event 11 Boys 12/13yrs 1m Prelim

Event 12 Girls 9/11yrs 3m Prelim

}Sim

1230 – 1315

Restricted Training for Session 5 Divers

2.00pm

Session 5

Event 13 Girls 16+yrs Platform Prelim

Event 14 Girls 14/15yrs 1m Prelim }Sim

Event 15 Boys 14/15yrs 3m Prelim

Event 16 Boys 16+yrs Platform Prelim }Sim

1600 - 1645

Restricted Training for Session 6 Divers

5.00pm

Session 6

Opening Ceremony & Parade of Teams

Finals:- Events 9 - 16

Sunday 19th March

0800- 0845

Restricted Training for Session 7 Divers

0900

Session 7

Event 17 Girls 9/11yrs 1m Prelim

Event 18 Boys 9/11yrs 3m Prelim }Sim

Event 19 Boys 12/13yrs Platform Prelim

Event 20 Girls 14/15yrs 3m Prelim }Sim

Event 21 Girls 12/13yrs Platform Prelim

Event 22 Boys 14/15yrs 1m Prelim }Sim

1330 – 1345

Restricted Training for Session 8 Divers

2.00pm

Session 8

Event 23 Girls 16+ 1m Prelim

Event 24 Boys 16+ 3m Prelim }Sim

1530 - 1545

Restricted Training for Session 9 Divers

4pm

Session 9

Finals:- Events 17 – 24

Order of Events – we reserve the right to amend the order of events at the meet to ensure best use of competition/training time.

Judging

All diving Club's attending will be required to supply at least one judge. This is to help us manage the simultaneous preliminary events. Coaches can judge but please be discrete.

G-STAR Club Entry Form

Closing Date for Entries: **Saturday 5th February**

Club: _____ Contact (email):

Diver/s	DOB	Age Group	1m	3m	Platform	Total Entry (£)	ASA number

Total Number of Entries _____ @ £12.00 per event = Total Entry Cost _____